

RTO District 41

Minutes of the Executive Meeting of Wednesday October 6, 2010

PRESENT: Carol Gagen, Wayne Grosvenor, Martha Foster, Gord Park, Marg Hulls, John McIntyre, John Taylor, Dave Giles, Rosemary Moreau, Ron Ellsworth

REGRETS: Dennis Collins, Ric Murray, Ron Daykin, Fran Wren, Jack Couckuyt, Judy Upsdell,

MEETING CALLED TO ORDER at 9:30 a.m.

AGENDA: Motion by Carol/Rosemary

THAT the agenda be approved as circulated.

CARRIED

MINUTES: Motion by Dave/John T

THAT the minutes be accepted as circulated.

CARRIED

BUSINESS ARISING FROM THE MINUTES:

On-line payments from June Meeting – Deferred to November meeting
Motion for Senate Re MS treatment – Ron Daykin – deferred to a later meeting
Service to Others – Fran – deferred to a later meeting
Wellness Day – Wayne reported 107 registrants for the Oct 18th day

CORRESPONDENCE:

Summary of roundtable discussions from District/Unit Health Representatives Workshop emailed out – Ron
CCAC Fact Sheet – Ron

FINANCIAL REPORT: Financial Report presented by Wayne. Questions deferred to next meeting in the absence of Dennis

COMMITTEE REPORTS

ARCHIVES:

COMMUNICATION: Jack Couckuyt

No report

WEBMASTER: Ron Ellsworth

Please continue to submit information to be posted on the website

GOODWILL: Marg Hulls

Members who have recently passed away.

July – Violet Else

August - William (Bill) Bowyer

September – Rod Osborne

Linda Perger

Linda Perger was a member of the Goodwill Committee who passed away after a short illness.

HEALTH: Ron Daykin

No report

POLITICAL ADVOCACY: John Taylor

John will forward to Wayne upcoming LHIN meeting dates

John presented a list of recent licensing fees introduced by the government.

The authenticity of the document was in question

PENSIONS & RETIREMENT: Dave Giles

Committee has two main focus areas at present “Aging Successfully Through Wellness” and “Caregiving” see attached report on Caregiving

A report is being written on Choosing a Nursing Home

TRAVEL: John McIntyre

Currently there are 28 registered travelers for the Panama trip

SOCIAL & AWARDS: Rosemary Moreau

Will assist in planning a day trip for the Fall or Spring

SENATE REPORT: Martha

Senators will be Martha and Rosemary with Dennis and Ron as observers

CONSTITUTION: Ric Murray

No report

TELEPHONE: Judy Upsdell

No report

RECRUITMENT: Fran Wren

No report

MEMBERSHIP: Ric Murray

No Report

PROVINCIAL COMMITTEE REPORTS

None at this time

NEW BUSINESS

Pre Senate Attendees include Martha, Rosemary, Ron, Dennis and Wayne

Retirement Planning Workshop – Fran – No report

Christmas Dinner will be on Wednesday December 1st in Aylmer. Plans have been made

Send any ideas to Jack for inclusion in the newsletter

Dates to Remember

Friday Oct 15- Deadline for November Meeting

Thursday Oct 21 – Pre Senate Windsor

Mon Oct 25 – 27 – Senate in Toronto

Wed Nov 3 – executive meeting at 9:30 in the Community Room, Elgin Mall

Wed Dec 1 – Christmas Dinner Saxon Hall in Aylmer

Motion Wayne/Carol

THAT the meeting be adjourned. CARRIED

Meeting adjourned at 11:15 a.m. Next Meeting at **Community Room Elgin Mall at 9:30 on Nov 3**

CAREGIVING

It's not a matter of if but when!

**A report to RTO District 41 Elgin by
Dave Giles**

Pension & Retirement Concerns Committee

Research has shown, that given a choice, most people who have a chronic illness or degenerating disease would prefer to have Home Care as opposed to Institutionalized Care. The Home Caregiver is put into a vulnerable and demanding position as they care for loved ones, related or unrelated. One valuable resource for the Home Caregiver is the VON – Victoria Order of Nurses.

VON nurses have been caring for the people of Elgin County with skill and compassion for decades. If you need care at home, your South West Community Care Access Centre case manager will arrange for a VON nurse or personal support worker to visit you. You can also arrange for private, fee-based nursing and support services through VON.

Eating well is important for staying or getting healthy. The VON offers several meal services, including hot or frozen meals delivered to your home, and opportunities to enjoy nutritious meals in a social setting.

VON's transportation services will pair you with a volunteer driver to help you get to doctor's appointments or take care of important errands.

Looking after a loved one with dementia or a disability is deeply rewarding but often exhausting. VON's Caregiving Support and Alzheimer Community Support programs give caregivers information, support and a break from the demands of care.

Everyone has a role to play in caring for his or her own health. From checking blood pressure and providing exercise classes, to foot care, public flu shot clinics, counseling and links to other services, the VON can help you look after yourself.

In Elgin county, the VON may be contacted at: 175 South Edgeware Rd
St. Thomas, ON N5P 4C4

519 637-6408 or 1 800 201-0909

